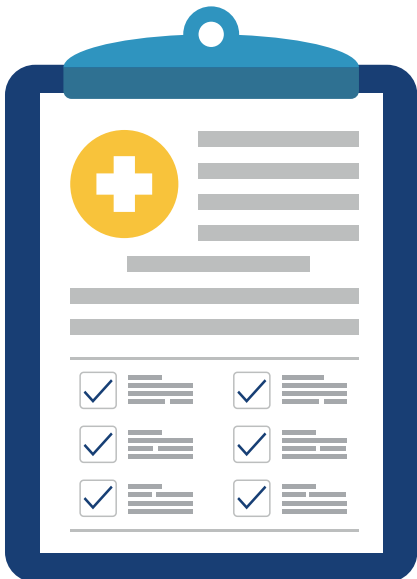


# HELP YOUR RESIDENTS STAY AT WORK



When residents are affected by a medical or behavioral health condition that could lead to a disability claim, **AMA Insurance's Med Plus Advantage Program** offers the resources they need to stay at work.



To learn more about covering your residents' through  
**AMA-SPONSORED MED PLUS ADVANTAGE  
STAY AT WORK**,  
call 888-627-6618 or email  
[groultdprogram@amainsure.com](mailto:groultdprogram@amainsure.com)

**AMA-Sponsored Med Plus Advantage Stay At Work** benefit residents to stay engaged in their residencies and avoid a long-term disability claim. Stay At Work provides assistance to insured residents who experience a disability that may threaten their residency. Professional case managers work with residents, their healthcare providers, and the employer to help keep residents at work safely and productively and try to avoid a leave.

#### **Residents covered by AMA-Sponsored Med Plus Advantage Long-Term Disability have access to:**

- A Reasonable Accommodation Expense Benefit for case management, personalized equipment, and other costs.
- Proactive disability management program that provides a behavioral health case manager, nurse or vocational specialist to work directly with the resident.
- Connection to resources, disease management, and wellness programs offered by the employer.

# STAY AT WORK EXAMPLES

## **STAYING AT WORK:**

### ***Resident with a Hearing Impairment Faces Challenges on the Job***

A resident with a hearing impairment was having difficulty hearing phone conversations and using her stethoscope while at work. After meeting with a Stay at Work consultant, an ergonomic assessment was completed to identify the best methods for overcoming the resident's challenges. It was determined that the implementation of an amplified stethoscope and earpiece would be beneficial, enabling the resident to remain productive at work.

## **RETURNING TO WORK:**

### ***Helping a Resident Struggling with Behavioral Health***

A resident diagnosed with an anxiety disorder and bulimia began to suffer from stress, crying spells, sleep disturbances, and problems with concentration. Unfortunately, the health concerns became too much to manage while in residency, forcing the resident to put her work on pause to enter full-time treatment.

Upon hearing of the resident's situation, the GME Director referred the case to AMA-Sponsored Med Plus Advantage Stay at Work. A Stay at Work consultant then reached out to the resident to provide support and encouragement, while also coordinating a return to work plan with the resident, GME Director and a physician. Once a plan was put in place that wouldn't interfere with her recovery, the resident was able to successfully return to work with minimal time away.

## **DIAGNOSES THAT MAY BE ADDRESSED WITH THE STAY AT WORK BENEFIT:**

- ✓ Bone, Joint & Muscle Disorders
- ✓ Severe & Chronic Back Pain
- ✓ Behavioral Health & Anxiety Disorders
- ✓ Chronic Migraines
- ✓ Sight & Hearing Impairments

**If you have questions about this benefit call 888-627-6618  
or email [groupltdprogram@amainsure.com](mailto:groupltdprogram@amainsure.com)**

